Department of Teaching & Learning
Parent/Student Course Information

Parenting and Child Development
(HE 8284)
One-half Credit, One Semester
Grades 9-12

Counselors are available to assist parents and students with course selections and career planning. Parents may arrange to meet with the counselor by calling the school's guidance department.

COURSE DESCRIPTION
Students study the development of the child from prenatal to age six and learn skills for effective parenting. The course focuses on understanding the intellectual, physical, social, and emotional development of the child. Other topics include financial planning in preparing for children, understanding the health and safety needs of children, developing responsible discipline methods, caring for handicapped children and investigating careers in child-care services.

CERTIFICATION
None

STUDENT ORGANIZATION
Family, Career and Community Leaders of America (FCCLA)
FCCLA is a national career and technical student organization that promotes personal growth and leadership through Family and Consumer Sciences education. As part of the FACS curriculum, the FCCLA framework helps students develop character, think creatively and critically, and prepare for careers through practical knowledge and specific skills.

PREREQUISITE
None

OPTIONS FOR NEXT COURSE
Introduction to Child Care Occupations
Independent Living
Early Childhood Education (Technical and Career Education Center)

REQUIRED STUDENT TEXTBOOK
Child Development: Early Stages through Age 12, 2016

COMPETENCIES FOR PARENTING AND CHILD DEVELOPMENT

Demonstrating Professional Competencies
1   Demonstrate positive work ethic.
2   Demonstrate integrity.
3   Demonstrate teamwork skills.
4   Demonstrate self-representation skills.
5   Demonstrate diversity awareness.
6   Demonstrate conflict-resolution skills.
7   Demonstrate creativity and resourcefulness.
8   Demonstrate effective speaking and listening skills.
9   Demonstrate effective reading and writing skills.
10   Demonstrate critical-thinking and problem-solving skills.
11   Demonstrate healthy behaviors and safety skills.
12   Demonstrate an understanding of workplace organizations, systems, and climates.
13   Demonstrate lifelong-learning skills.
14   Demonstrate job-acquisition and advancement skills.
15   Demonstrate time-, task-, and resource-management skills.
16   Demonstrate job-specific mathematics skills.
17   Demonstrate customer-service skills.
18   Demonstrate proficiency with technologies common to a specific occupation.
19   Demonstrate information technology skills.
20   Demonstrate an understanding of Internet use and security issues.
21   Demonstrate telecommunications skills.
22   Demonstrate workplace safety.

Examining All Aspects of an Industry
23   Examine aspects of planning within an industry/organization.
24   Examine aspects of management within an industry/organization.
25   Examine aspects of financial responsibility within an industry/organization.
26   Examine technical and production skills required of workers within an industry/organization.
27   Examine principles of technology that underlie an industry/organization.
28   Examine labor issues related to an industry/organization.
29   Examine community issues related to an industry/organization.
30   Examine health, safety, and environmental issues related to an industry/organization.

Addressing Elements of Student Life
31   Identify the purposes and goals of the student organization.
32   Explain the benefits and responsibilities of membership in the student organization as a student and in professional/civic organizations as an adult.
33   Demonstrate leadership skills through participation in student organization activities, such as meetings, programs, and projects.
34   Identify Internet safety issues and procedures for complying with acceptable use standards.

Exploring Work-Based Learning
35   Identify the types of work-based learning (WBL) opportunities.
36   Reflect on lessons learned during the WBL experience.
37   Explore career opportunities related to the WBL experience.
38   Participate in a WBL experience, when appropriate (optional).

Balancing Work and Family
39 Analyze the meaning of work and the meaning of family.
40 Compare how families affect work life and how work life affects families.
41 Identify management strategies for balancing work and family roles.
42 Identify management strategies for balancing work and family roles.

Analyzing Parenting Roles and Responsibilities
43 Analyze parenting expectations and responsibilities.
44 Identify parenting roles across the life span (optional).
45 Evaluate personal readiness for becoming a parent.
46 Analyze societal influences on parenting roles and responsibilities (optional).
47 Assess common parenting practices and emerging research about discipline on human growth and development.
48 Evaluate different parenting styles.
49 Describe cultural differences in parenting roles and responsibilities (optional).
50 Analyze the interdependent relationship between families and society in regard to fulfilling responsibilities for meeting children's needs.

Ensuring a Health Start for Mother and Child
51 Identify biological processes related to prenatal development.
52 Identify biological processes related to birth.
53 Identify biological processes related to the health of mother and child.
54 Demonstrate nurturing practices that support infant growth and development.
55 Describe ways to integrate a newborn into the family (optional).
56 Explain the bonding process and how it impacts parent-child relationships.
57 Describe components of an effective parenting support system.
58 Investigate resources available to parents.
59 Summarize current laws and policies related to parenting.
60 Develop strategies to effect change in policies and laws for the benefit of families and children (optional).
61 Participate in advocacy to effect policies and laws for the benefit of families and children.
62 Identify available child care options.
63 Identify criteria for selecting and evaluating child care services.

Evaluating Parenting Practices That Maximize Human Growth and Development
64 Describe developmental stages and their characteristics in regard to physical, emotional, social, and intellectual growth.
65 Describe developmentally appropriate behavior and discipline for a child at each stage of development.
66 Identify nurturing practices that support human growth and development.
67 Plan strategies to enhance children's physical, emotional, social, and cognitive development.
68 Plan strategies for meeting nutritional needs of children.
69 Plan strategies to provide for child health and safety.
70 Demonstrate developmentally appropriate communication skills to use with children at each stage of development.
71 Distinguish among guidance, discipline, and punishment.

Evaluating Parenting Practices That Are Detrimental to Human Growth and Development

72 Analyze factors that contribute to child abuse and to child neglect.
73 Assess the effects of child abuse and neglect on the child, parents, other family members, and society (online).

74   Determine methods to prevent child abuse and neglect.

Notice of Non-Discrimination Policy

Virginia Beach City Public Schools does not discriminate on the basis of race, color, religion, national origin, sex, sexual orientation/gender identity, pregnancy, childbirth or related medical condition, disability, marital status, age, genetic information or veteran status in its programs, activities, employment, or enrollment, and provides equal access to the Boy Scouts and other designated youth groups. School Board policies and regulations (including, but not limited to, Policies 2-33, 4-4, 5-7, 5-19, 5-20, 5-44, 6-33, 6-7, 7-48, 7-49, 7-57 and Regulations 4-4.1, 4-4.2, 5-44.1, 7-11.1, 7-17.1 and 7-57.1) provide equal access to courses, programs, enrollment, counseling services, physical education and athletic, vocational education, instructional materials, extracurricular activities and employment.

Title IX Notice: Complaints or concerns regarding discrimination on the basis of sex or sexual harassment should be addressed to the Title IX Coordinator, at the VBCPS Office of Student Leadership, 641 Carriage Hill Road, Suite 200, Virginia Beach, 23452, (757) 263-2020, Mary.Dees@vbschools.com (student complaints) or the VBCPS Department of School Leadership, 2512 George Mason Drive, Municipal Center, Building 6, Virginia Beach, Virginia, 23456 (757) 263-1088, Elizabeth.Bryant@vbschools.com (employee complaints). Additional information regarding Virginia Beach City Public Schools' policies regarding discrimination on the basis of sex and sexual harassment, as well as the procedures for filing a formal complaint and related grievance processes, can be found in School Board Policy 5-44 and School Board Regulations 5-44.1 (students), School Board Policy 4-4 and School Board Regulation 4-4.3 (employees), and on the School Division's website at Diversity, Equity and Inclusion/Title IX. Concerns about the application of Section 504 of the Rehabilitation Act should be addressed to the Section 504 Coordinator/Executive Director of Student Support Services at (757) 263-1980, 2512 George Mason Drive, Virginia Beach, Virginia, 23456 or the Section 504 Coordinator at the student's school. For students who are eligible or suspected of being eligible for special education or related services under IDEA, please contact the Office of Programs for Exceptional Children at (757) 263-2400, Plaza Annex/Family and Community Engagement Center, 641 Carriage Hill Road, Suite 200, Virginia Beach, VA 23452.

The School Division is committed to providing educational environments that are free of discrimination, harassment, and bullying. Students, staff, parents/guardians who have concerns about discrimination, harassment, or bullying should contact the school administration at their school. Promptly reporting concerns will allow the school to take appropriate actions to investigate and resolve issues. School Board Policy 5-7 addresses non-discrimination and anti-harassment, Policy 5-44 addresses sexual harassment and discrimination based on sex or gender. Policy 5-36 and its supporting regulations address other forms of harassment.

Alternative formats of this publication which may include taped, Braille, or large print materials are available upon request for individuals with disabilities. Call or write The Department of Teaching and Learning, Virginia Beach City Public Schools, 2512 George Mason Drive, P.O. Box 6038, Virginia Beach, VA 23456-0038. Telephone 263-1070 (voice); fax 263-1424; 263-1240 (TDD) or email at Kathleen.Vuono@vbschools.com.

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