



***Department of Teaching & Learning***  
***Parent/Student Course Information***

***Cosmetology I***  
***(VO8527)***  
***Three Credits, One Year***  
***Grades 11 or 12***

*Counselors are available to assist parents and students with course selections and career planning. Parents may arrange to meet with the counselor by calling the school's guidance department.*

**COURSE DESCRIPTION**

This curriculum prepares a student to work as a licensed cosmetologist, salon manager/owner, or as a specialist in hair cutting, hair coloring, chemical relaxing and/or permanent waving. Basic cosmetology training also equips individuals with a background essential to obtaining positions such as demonstrators and/or salespersons for manufacturers and dealers.

**CERTIFICATION**

License: Virginia Department of Commerce/State Board of Cosmetology

**STUDENT ORGANIZATION**

SkillsUSA is a co-curricular organization for all students enrolled in trade and industrial education programs. SkillsUSA is a partnership of students, teachers and industry working together to ensure America has a skilled workforce. SkillsUSA helps students excel by providing educational programs, events and competitions that support career and technical education (CTE) in the nation's classrooms. Students are highly encouraged to participate.

**PREREQUISITE**

None

**OPTIONS FOR NEXT COURSE**

Cosmetology I

**REQUIRED STUDENT TEXTBOOK**

None

## COMPETENCIES FOR COSMETOLOGY I

### Demonstrating Personal Qualities and Abilities

- 1 Demonstrate creativity and innovation.
- 2 Demonstrate critical thinking and problem solving.
- 3 Demonstrate initiative and self-direction.
- 4 Demonstrate integrity.
- 5 Demonstrate work ethic.

### Demonstrating Interpersonal Skills

- 6 Demonstrate conflict-resolution skills.
- 7 Demonstrate listening and speaking skills.
- 8 Demonstrate respect for diversity.
- 9 Demonstrate customer service skills.
- 10 Collaborate with team members.

### Demonstrating Professional Competencies

- 11 Demonstrate big-picture thinking.
- 12 Demonstrate career- and life-management skills.
- 13 Demonstrate continuous learning and adaptability.
- 14 Manage time and resources.
- 15 Demonstrate information-literacy skills.
- 16 Demonstrate an understanding of information security.
- 17 Maintain working knowledge of current information-technology (IT) systems.
- 18 Demonstrate proficiency with technologies, tools, and machines common to a specific occupation.
- 19 Apply mathematical skills to job-specific tasks.
- 20 Demonstrate professionalism.
- 21 Demonstrate reading and writing skills.
- 22 Demonstrate workplace safety.

### Examining All Aspects of an Industry

- 23 Examine aspects of planning within an industry/organization.
- 24 Examine aspects of management within an industry/organization.
- 25 Examine aspects of financial responsibility within an industry/organization.
- 26 Examine technical and production skills required of workers within an industry/organization.
- 27 Examine principles of technology that underlie an industry/organization.
- 28 Examine labor issues related to an industry/organization.
- 29 Examine community issues related to an industry/organization.
- 30 Examine health, safety, and environmental issues related to an industry/organization.

### Addressing Elements of Student Life

- 31 Identify the purposes and goals of the student organization.
- 32 Explain the benefits and responsibilities of membership in the student organization as a student and in professional/civic organizations as an adult.
- 33 Demonstrate leadership skills through participation in student organization activities, such as meetings, programs, and projects.
- 34 Identify Internet safety issues and procedures for complying with acceptable use standards.

### Exploring Work-Based Learning

- 35 Identify the types of work-based learning (WBL) opportunities.

- 36 Reflect on lessons learned during the WBL experience.
- 37 Explore career opportunities related to the WBL experience.
- 38 Participate in a WBL experience, when appropriate.

### **Demonstrating Safety, Sanitation, and Disease Control**

- 39 Sanitize hands before and after every service.
- 40 Demonstrate standard treatment of an injury to a client and to oneself.
- 41 Follow OSHA guidelines for sanitizing and disinfecting implements after exposure to blood.
- 42 Identify the components of a Safety Data Sheet (SDS).
- 43 Demonstrate prescribed procedures for attending to a contaminated (i.e., by blood spill, disease) work area.
- 44 Demonstrate knowledge of blood-borne pathogens, including blood poisoning, hepatitis C, and AIDS.
- 45 Demonstrate safety practices when working with all chemicals.

### **Maintaining, Sanitizing, and Disinfecting Implements, Equipment, and Facilities**

- 46 Sanitize and disinfect combs, brushes, shears, and other implements.
- 47 Sanitize and disinfect electrical equipment.
- 48 Maintain salon equipment.
- 49 Sanitize rollers, clips, perm rods, and perm trays.
- 50 Launder towels, capes, and smocks.
- 51 Sanitize and disinfect work areas.

### **Exhibiting Professionalism and Workplace Ethics**

- 52 Demonstrate a professional image.
- 53 Demonstrate correct posture and physical poise.
- 54 Follow practices and procedures related to workplace ethics.

### **Introducing Cosmetology**

- 55 Summarize the origin and advancements of cosmetology.
- 56 Identify various career options within cosmetology.
- 57 Follow competency procedures.
- 58 Explain how to secure required license.

### **Gathering Client's History**

- 59 List client's personal information and factors that could affect the service.
- 60 Record client's medical history to ensure client's health and safety.

### **Performing Scalp and Hair Care**

- 61 Conduct client consultation regarding use of hair products.
- 62 Apply towel and drape to client.
- 63 Analyze client's scalp and hair for abnormal conditions.
- 64 Brush hair in preparation for shampoo.
- 65 Shampoo hair.
- 66 Condition hair.

### **Cutting Hair**

- 67 Consult with client before haircut.
- 68 Analyze client's hair and facial shape, prior to a haircut.
- 69 Apply drape to client.
- 70 Demonstrate various haircutting elevations.

- 71 Demonstrate hand positions for cutting.
- 72 Demonstrate safe and effective handling of haircutting implements.
- 73 Cut hair.
- 74 Check overall haircut.

### **Styling Hair**

- 75 Demonstrate knowledge of styling and finishing products.
- 76 Demonstrate use of blow dryer and brushes.
- 77 Set hair, using pin curls.
- 78 Set dry hair on hot rollers.
- 79 Set hair, using curling iron.
- 80 Set hair, using rollers.
- 81 Demonstrate hair wrapping and sculpting techniques.
- 82 Perform finger waves.
- 83 Straighten hair, using thermal tools.
- 84 Style hair by basic braiding.
- 85 Demonstrate comb-out techniques.

### **Introducing Chemical Texture Service Procedures**

- 86 Conduct client consultation regarding chemical service procedures.
- 87 Analyze hair and scalp condition for a particular chemical texture service.
- 88 Select product for chemical texture service.
- 89 Select rod type for permanent waving.
- 90 Select wrap method and sectioning pattern.
- 91 Demonstrate sectioning and subsectioning.
- 92 Demonstrate application of relaxer.

### **Lightening and Coloring Hair**

- 93 Demonstrate safety practices when working with all chemical services.
- 94 Record client consultation information, including factors that may affect the services.
- 95 Demonstrate a working knowledge of color theory.
- 96 Consult with client regarding previous chemical use and desired results.
- 97 Complete client record card for color services.

### **Caring for Skin, Hands, and Feet**

- 98 Perform basic manicure.
- 99 Perform basic pedicure.
- 100 Perform basic facial.

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For further information, please call (757) 263-1070.

### **Notice of Non-Discrimination Policy**

Virginia Beach City Public Schools does not discriminate on the basis of race, color, religion, national origin, sex, sexual orientation/gender identity, pregnancy, childbirth or related medical condition, disability, marital status, age, genetic information or veteran status in its programs, activities, employment, or enrollment, and provides equal access to the Boy Scouts and other designated youth groups. School Board policies and regulations (including, but not limited to, Policies 2-33, 4-4, 5-7, 5-19, 5-20, 5-44, 6-33, 6-7, 7-48, 7-49, 7-57 and Regulations 4-4.1, 4-4.2, 5-44.1, 7-11.1, 7-17.1 and 7-57.1) provide equal access to courses, programs, enrollment, counseling services, physical education and athletic, vocational education, instructional materials, extracurricular activities and employment.

Title IX Notice: Complaints or concerns regarding discrimination on the basis of sex or sexual harassment should be addressed to the Title IX Coordinator, at the VBCPS Office of Student Leadership, 641 Carriage Hill Road, Suite 200, Virginia Beach, 23452, (757) 263-2020, [Mary.Dees@vbschools.com](mailto:Mary.Dees@vbschools.com) (student complaints) or the VBCPS Department of School Leadership, 2512 George Mason Drive, Municipal Center, Building 6, Virginia Beach, Virginia, 23456 (757) 263-1088, [Elizabeth.Bryant@vbschools.com](mailto:Elizabeth.Bryant@vbschools.com) (employee complaints). Additional information regarding Virginia Beach City Public Schools' policies regarding discrimination on the basis of sex and sexual harassment, as well as the procedures for filing a formal complaint and related grievance processes, can be found in School Board Policy 5-44 and School Board Regulations 5-44.1 (students), School Board Policy 4-4 and School Board Regulation 4-4.3 (employees), and on the School Division's website at [Diversity, Equity and Inclusion/Title IX](#). Concerns about the application of [Section 504 of the Rehabilitation Act](#) should be addressed to the Section 504 Coordinator/Executive Director of Student Support Services at (757) 263-1980, 2512 George Mason Drive, Virginia Beach, Virginia, 23456 or the Section 504 Coordinator at the student's school. For students who are eligible or suspected of being eligible for special education or related services under IDEA, please contact the Office of Programs for Exceptional Children at (757) 263-2400, Plaza Annex/Family and Community Engagement Center, 641 Carriage Hill Road, Suite 200, Virginia Beach, VA 23452.

The School Division is committed to providing educational environments that are free of discrimination, harassment, and bullying. Students, staff, parents/guardians who have concerns about discrimination, harassment, or bullying should contact the school administration at their school. Promptly reporting concerns will allow the school to take appropriate actions to investigate and resolve issues. School Board Policy 5-7 addresses non-discrimination and anti-harassment, Policy 5-44 addresses sexual harassment and discrimination based on sex or gender. Policy 5-36 and its supporting regulations address other forms of harassment.

Alternative formats of this publication which may include taped, Braille, or large print materials are available upon request for individuals with disabilities. Call or write The Department of Teaching and Learning, Virginia Beach City Public Schools, 2512 George Mason Drive, P.O. Box 6038, Virginia Beach, VA 23456-0038. Telephone 263-1070 (voice); fax 263-1424; 263-1240 (TDD) or email at [Brandon.Martin@vbschools.com](mailto:Brandon.Martin@vbschools.com).

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